

Female Genitourinary Single Organ System Exam

Content and Documentation Requirements

Level of Exam	Perform and Document
Problem Focused	One to five elements identified by a bullet.
Expanded Problem Focused	At least six elements identified by a bullet.
Detailed	At least twelve elements identified by a bullet.
Comprehensive	Document every element under constitutional and gastrointestinal , seven of the eleven elements under genitourinary and at least one element in each unbolded system/body area.

Genitourinary	
System/Body Area	Elements of Examination
Constitutional	<ul style="list-style-type: none"> Measurement of <i>any three of the following seven vital signs</i>: 1) sitting or standing blood pressure, 2) supine blood pressure, 3) pulse rate and regularity, 4) respiration, 5) temperature, 6) height, 7) weight (may be measured and recorded by ancillary staff) General appearance of patient <i>e.g. development, nutrition, body habitus, deformities, attention to grooming</i>
Neck	<ul style="list-style-type: none"> Examination of neck <i>e.g. masses, overall appearance, symmetry, tracheal position, crepitus</i> Examination of thyroid <i>e.g. enlargement, tenderness, mass</i>
Respiratory	<ul style="list-style-type: none"> Assessment of respiratory effort <i>e.g. intercostal retractions, use of accessory muscles, diaphragmatic movement</i> Auscultation of lungs <i>e.g. breath sounds, adventitious sounds, rubs</i>
Cardiovascular	<ul style="list-style-type: none"> Auscultation of heart with notation of abnormal sounds and murmurs Examination of peripheral vascular system by observation <i>e.g. swelling, varicosities</i> and palpation <i>e.g. pulses, temperature, edema, tenderness</i>
Chest (breasts)	<i>See genitourinary (female)</i>
Gastrointestinal (Abdomen)	<ul style="list-style-type: none"> Examination of abdomen with notation of presence of masses or tenderness Examination for presence or absence of hernia Examination of liver and spleen Obtain stool sample for occult blood test when indicated
Genitourinary (Female)	<p>Includes <i>at least seven of the following eleven</i> elements identified by bullets:</p> <ul style="list-style-type: none"> Inspection and palpation of breasts <i>e.g. masses or lumps, tenderness, symmetry, nipple discharge</i> Digital rectal examination including sphincter tone, presence of hemorrhoids, rectal masses <p>Pelvic examination (with or without specimen collection for smears and cultures) including:</p> <ul style="list-style-type: none"> External genitalia <i>e.g. general appearance, hair distribution, lesions</i> Urethral meatus <i>e.g. size, location, lesions, prolapse</i> Urethra <i>e.g. masses, tenderness, scarring</i> Bladder <i>e.g. fullness, masses, tenderness</i> Vagina <i>e.g. general appearance, estrogen effect, discharge, lesions, pelvic support, cystocele, rectocele</i> Cervix <i>e.g. general appearance, lesions, discharge</i> Uterus <i>e.g. size, contour, position, mobility, tenderness, consistency, descent or support</i> Adnexa/parametria <i>e.g. masses, tenderness, organomegaly, nodularity</i> Anus and perineum
Lymphatic	<ul style="list-style-type: none"> Palpation of lymph nodes in neck, axillae, groin and/or other location
Skin	<ul style="list-style-type: none"> Inspection and/or palpation of skin and subcutaneous tissue <i>e.g. rashes, lesions, ulcers</i>
Neurological/ Psychiatric	<p>Brief assessment of mental status including:</p> <ul style="list-style-type: none"> Orientation <i>e.g. time, place and person</i> Mood and affect <i>e.g. depression, anxiety, agitation</i>